



Lancaster
Cancer Center

Care Beyond Treatment

NEWS

2021 | Issue No. 1

WE'RE MOVING!



Lancaster Cancer Center is Proud to Announce That We Are Moving in 2021.

Our new location and infusion center will be conveniently located at 703 Lampeter Road. The new Center has been thoroughly thought out with our patients' comfort and wellness in mind while providing optimal configuration of space to improve staff efficiencies. It also features a private, covered entrance, plenty of convenient parking, and tranquil outdoor space.

My father, H. Peter DeGreen II, MD, understood the need to provide compassionate, quality cancer care, independent of a hospital-based practice in Lancaster County. Today, nearly forty years later, I'm proud to continue his vision. Dr. Dumasia and I, as well as our entire healthcare team are dedicated to providing the highest quality cancer care in our new office.

We'll continue to update you about the new move. In the meantime, if you have any questions, our staff members are happy to assist.

Hyatt P. DeGreen III, DO (Tracy)
Lena Dumasia, MD

NEW LOCATION



This newsletter is published by Healing Journey Foundation.

The Healing Journey Foundation was formed to empower cancer patients by giving them support in their journey through a variety of programs at no cost. The Foundation serves as an advocate to help patients and the community. Donations enable the foundation to provide free services which help patients and their families cope with a cancer diagnosis and treatment.

To learn more about ways to give to the Healing Journey Foundation, contact Mindy DeGreen at **717-396-8679** or **717-725-4402** or by email at mindydegreen@gmail.com.



FREE VIRTUAL CLASSES

Dishes 2 Nourish (D2N)

We are pleased to welcome back registered dietitian Brittany Stoltzfus, RD, LDN. Our virtual D2N classes are free and feature all the same beneficial nutritional facts, cooking demonstrations, and a question and answer time that we've shared in person, but now online during our live, Zoom class.

When: Classes will be held the third Thursday of every month from 10 to 11 a.m.

February 18

Power of Breakfast: How to start your day with energy.

March 18

Satisfying Snacking During Cancer Treatment

May 20

Incorporating Healthy Fats into Your Diet

June 17

Plant Forward Meals

To register and receive your Zoom invitation, please RSVP by email Lori Gerhart at lgerhart@lancastercancercenter.com or by calling **717.291.1313 ext. 10**



Britt Stoltzfus, RD, LDN is a Registered Dietitian and owner of Simply Nutrition LLC. Britt offers virtual nutrition counseling and coaching services.

Support Group

The pandemic has left all of us a bit isolated, especially those affected by cancer. We recognize the benefits of connecting, talking, and sharing concerns with others provides emotional support and inspiration.

Join us as we check-in with one another to reflect on the past months and set goals for the future. The group will be led by Mindy DeGreen (*serving as a moderator only and is not a substitute for obtaining medical advice or treatment*) on Zoom.

To learn more or to sign-up, email Mindy at mindydegreen@gmail.com or call **717-725-4402**.

When: Second and fourth Thursday of every month at 7 p.m.

Employee Spotlight



Patti
Financial Counselor

How long have you worked at Lancaster Cancer Center?

6 years

What does your job entail?

Verifying patient's insurance benefits, obtaining authorizations

for treatments, and obtaining patient assistance to help reduce the financial burden for our patients.

What do you like most about it?

I love the patients. Patients are going through a lot when diagnosed and being able to help them thru the process is very satisfying.

What do you like to do when you aren't working?

I am a Zumba and Pound Fitness lover and when not at the gym I like to spend time with friends and family.

What's a fun fact about you many people may not know?

I am a retired Army Veteran.

Where's your favorite place in the world?

I love the Caribbean!!!!

If you could meet anyone in the world, alive or passed, who would it be and why?

This is a two-fold answer, I love music as many of you know, I am always singing to the patients! My favorite group of all time is Earth, Wind & Fire, so I would love to meet the band. On a more serious note, I take pride in my service to this country and one person that impressed me through my military career was General Colin Powell.

COVID-19 Vaccine Update

We understand that there are a lot of questions regarding when and where patients can receive the COVID-19 vaccination. Supplies are extremely limited, so the Pennsylvania Department of Health has prioritized who gets vaccinated first and is working to expand eligibility to more groups of people.

As of January 19, 2021 the following are eligible:

- Patients aged 65+ with a cancer diagnosis*+

**Active chemotherapy patients, aged 65+ will require a CBC Test two days prior to vaccination. Chemotherapy patients can only receive the vaccination 1-2 days prior to the beginning of their cycle of chemotherapy treatment. Ask your doctor when you can schedule your vaccination.*

+Active patients receiving immunotherapy may be vaccinated at any time.

Where to get vaccinated

Lancaster Cancer Center is **not** a registered facility to administer the vaccination; however, a list of locations can be found on the Pennsylvania Department of Health's website at www.health.pa.gov or by calling their hotline at **1-877-724-3258**.



Riddle:

You have me today,
Tomorrow you'll have more;
As your time passes,
I'm not easy to store;
I don't take up space,
But I'm only in one place;
I am what you saw,
But not what you see.
What am I?

Answer:

Memories

Winter Wonderland Word Search



- | | | | | | | |
|-----------|---------------|---------------|----------------|----------------|-----------|-----------------|
| avalanche | earmuffs | Hanukkah | icicles | migrate | sleet | snowman |
| blanket | February | heater | igloo | mittens | sleigh | snowmobile |
| blizzard | fireplace | hibernate | Jack Frost | New Year's Day | slippery | snowplow |
| chimney | freeze | hockey | jacket | quilt | slush | snowstorm |
| Christmas | freezing rain | holidays | January | scarf | snowball | sweater |
| coat | frigid | hot chocolate | Kwanzaa | shovel | snowboard | vacation |
| cold | gloves | ice fishing | lunar new year | skiing | snowdrift | Valentine's Day |
| December | hail | ice skates | melt | sled | snowflake | |

Special Thanks

The Healing Journey Foundation thanks the following corporate donor for their generous contribution and support.



Healing Journey Supports. Amazon Gives.



The Healing Journey Foundation relies solely on generous donations from individuals, businesses, and grants to help ensure programs and support are available to cancer patients, (specifically cancer patients of Lancaster Cancer Center) and their families.

We ask you to consider supporting The Healing Journey Foundation when shopping with Amazon by logging into smile.amazon.com and selecting Healing Journey as your charity of choice.

[Smile.Amazon.com](https://smile.amazon.com) offers the same products, prices, and service as Amazon.com.

You do not need a different Amazon account and there is no additional cost to you. You can simply shop as you always do and Amazon will give 0.5% of your purchase to Healing Journey.

Be our partner in the journey and make a difference.
Thank you

