



One question we have been getting a lot recently is “Should I get a flu vaccine?”

The answer is complex, especially for a cancer patient receiving chemotherapy. The flu vaccination helps to support a healthier immune system, which is often weakened by cancer and cancer treatment.

The Centers for Disease Control and Prevention (CDC) recommends everyone 6 months and older get a flu vaccine each year to help prevent the flu. Family members and caregivers who live or care for a person with cancer should also get the flu shot, too.

Individuals with weakened immune systems or going through cancer treatments should speak with their doctor as to when is the right time to schedule other vaccinations such as COVID-19, Shingles, Measles-Mumps-Rubella, Pneumococcal Pneumonia, Meningococcal, Polio, and Chickenpox.

Flu can be serious and sometimes life-threatening in cancer patients or those with weakened immune systems. Please speak with either Dr. Dumasia or me to discuss the best time for you to receive the flu vaccine based on your cancer type and treatment.

Enjoy autumn to its fullest.

Hyatt P. DeGreen III, DO (Tracy)
Lena Dumasia, MD

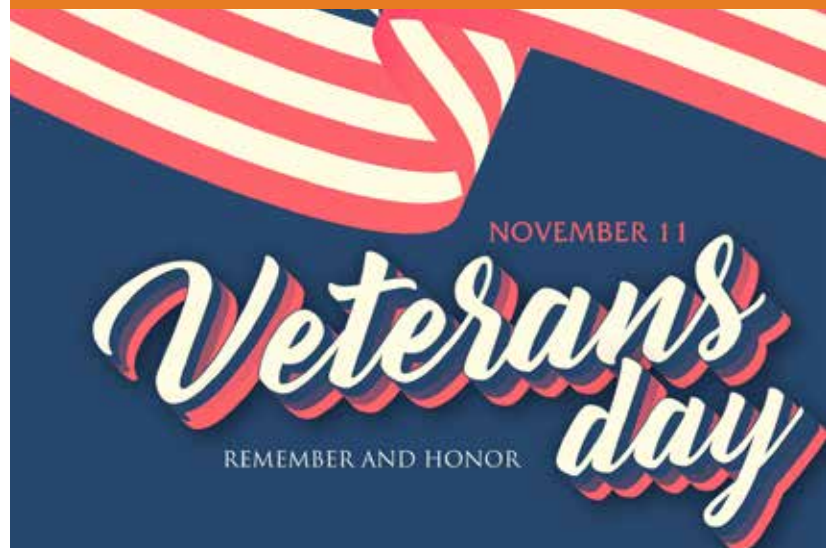


FLU SHOTS AVAILABLE HERE!



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Join us at Breast-A-Ville!

Millersville University in celebrating 10 years of Breast-A-Ville!

Breast-A-Ville was created to engage students and the Millersville community with informative and fun activities to increase awareness about breast health and breast cancer. Lancaster Cancer Center and other local health agencies and experts will be on hand to answer any questions and provide information.

Wednesday, October 5 | 10:30 a.m. to 1:30 p.m.

Millersville University on the promenade outside of the Student Memorial Center



October is Breast Cancer Awareness Month

The Pink Hat Club welcomes breast cancer survivors and all cancer survivors to meet, share experiences, and support one another while enjoying lunch at Greenfield Restaurant.

To learn more, contact Mindy DeGreen at 717.725.4485 or mindydegreen@gmail.com.



Virtual Cancer Support Group

You're not alone. Talking and sharing with others who are on the same journey offer many benefits to a patient as well as their loved ones. The group meets virtually and in-person when able.

When: Every Thursday at 7 p.m.

For more information or to sign-up, contact Mindy DeGreen, President of the Healing Journey Foundation at 717.725.4485 or mindydegreen@gmail.com



Infusion Room Upgrade Underway



Thanks to acoustic panels installed in the Infusion Center, we've seen a noticeable difference in reducing unwanted noise. Decreasing noise levels helps to reduce stress and provides a more welcoming and comfortable environment for patients, their loved ones, and staff

In addition, the Healing Journey Foundation will be helping to carry its signature butterfly, a symbol of transformation, into the space. The wall mural will feature several butterflies in soothing shades designed to help reduce stress and create a more positive healing environment.

Thanks to Everyone

Who helped to build beauty and biodiversity at Lancaster Cancer Center!

Volunteers gathered on Sunday, September 25 to help plant 450 native pollinator plants to help build a wildflower meadow. The native plants will help support butterflies, bees, and birds, along with other essential wildlife, while also being a beautiful space for observation and reflection.

Why Donate to the Healing Journey Foundation?

For a lot of people, this time of the year is a time to reflect on how they can help make a difference in their community. We understand that there are many opportunities being presented to you which can make it difficult to choose where to make your donation. Individuals often gravitate to organizations and causes that are close to their heart and ones that deliver benefits in the community.

Healing Journey Foundation provides programs and services to cancer patients of Lancaster Cancer Center and the community. The Foundation is dedicated to supporting patients, their families, and loved ones with these services at no cost.

To learn more about the Healing Journey Foundation or to donate, visit www.healingjourneyfoundation.org or contact Mindy DeGreen at **717.725.4485** or by email at mindydegreen@gmail.com

SCAN TO DONATE





We're Proud of Roxana!

Join us in supporting her as she continues the journey of becoming a Nurse Practitioner.

How long have you been part of the Lancaster Cancer Center (LCC) team?

I began my career at LCC in November 2009 as a medical assistant. The exposure in the practice inspired me to further my education to become a registered nurse. After a brief leave, I returned to LCC in February 2021 and in tandem am pursuing a masters as a Nurse Practitioner.

What do you enjoy most about being a nurse?

I love my job and interacting with patients and their loved ones. I love my co-workers; they are like a family to me. I enjoy every facet of my role as a nurse. Every day is a new adventure. Being a nurse is very gratifying to me as a person and as a professional.

What do you like to do when you aren't working?

I love to spend time with my family. I like to exercise, read books, and am currently enrolled in a master's program at Pennsylvania College of Health Sciences.

What is a fun fact about you many people may not know?

I was born in Cuba and am fluent in Spanish.

Where is your favorite place in the world?

Wherever I can be with my family.



Medicare Open Enrollment | October 15 - December 7

The open enrollment period allows you to evaluate, make changes, and/or switch your Medicare plan.

There are several options to consider including:

- Switching from Original Medicare to Medicare Advantage or vice versa.
- Switching from one Medicare Advantage plan to another.
- Switching from one Medicare Part D prescription drug plan to another.
- Enroll in Medicare Part D plan if you didn't enroll when you were first eligible for Medicare.

Our financial counselor, Patty can assist you with any questions you may have about your plan. Stop by the front desk to schedule a meeting.

Employee Spotlight

Meet Janet

When did you join LCC? and what do you enjoy the most about your job? I began my role at the Front Desk in July of this year. One of the many things I enjoy about working at LCC are the bonds built with the patients, they always come in with a smile.

What do you like to do when you aren't working? When I'm not at work, I'm either traveling or spending time with family and friends.

What is a fun fact about you many people may not know? I love to garden!

Where is your favorite place in the world? My favorite place in the whole world is at home with my loved ones.

